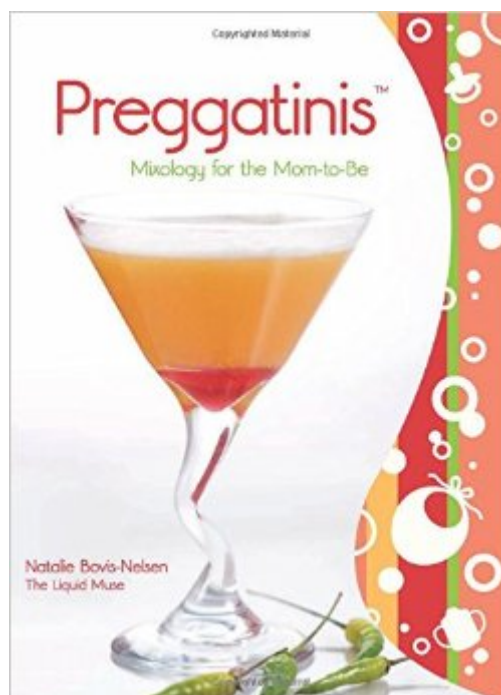


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# Preggatinis(TM): Mixology For The Mom-To-Be



## Synopsis

Things move quickly in the cocktail fast lane • but slow to a crawl when pregnancy kicks in. Right? Wrong! Even when sporting a baby bump, modern moms can stay in the social swing of things with Preggatinis, featuring lip-smacking, liquorless libations designed by master mixologist Natalie Bovis-Nelsen, aka "The Liquid Muse." Within these pages are 75 original Preggatini recipes highlighting fresh juices, herbs, and garnishes as well as ideas for Preggatini Parties • a modern spin on the humdrum baby shower. Organized by pregnancy stages and symptoms, this lavishly illustrated, pocket-sized, virtually intoxicating guide also offers quotes from famous moms and sidebars about pregnancy and health and such options as "De-virginize for Dad" • making these drinks applicable to all. Includes a recipe exclusively provided by Celebrity Chef Michel Richard, recipient of the 2007 Outstanding Chef James Beard award, author of *Happy in the Kitchen*, and owner of the legendary Citronelle restaurant in Washington, DC.

## Book Information

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Average Customer Review: 4.6 out of 5 stars • See all reviews (95 customer reviews)

Best Sellers Rank: #9,743 in Books (See Top 100 in Books) #7 in Books > Humor & Entertainment > Humor > Cooking #32 in Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth #50 in Books > Cookbooks, Food & Wine > Beverages & Wine

## Customer Reviews

Illustrated with color photography sure to whet one's thirst, *Preggatinis: Mixology for the Mom-to-Be* is a most remarkable guide to mixing delicious non-alcoholic drinks, perfect not only for pregnant (or soon-to-be pregnant!) women, but also for anyone who prefers their cocktails without intoxicants. Preggatinis are not the same as syrupy, so-called "mocktails"; they are composed of freshly squeezed juices, fresh fruit or vegetables, herbs, and homemade syrups, and thus usually feature nutrition as well as great taste! Best of all, there are "de-virginize" options for these drinks, perfect for dads, nonpregnant friends, and anyone else interested in enjoying a preggatini with an extra

kick. From "Berry Cherry Blossom" to "Hot Buttered Mum's Rum" and "Pomegranate Cooler", these drinks are sure to delight the palate of all tasters. Highly recommended, especially as a baby shower gift.

I love this book!! As a professional bartender I found the drinks to be unique and innovative. As a dad-to-be, this is a great way to do something special for your lady when little things mean a lot! Best of all the drinks are DELICIOUS!

Hi LOVE this book! The drinks was wonderful tasting even if they are alcohol free. I only gave it 4 stars because sometimes the products recommended in the book are difficult to find in a grocery store.

My wife thought this was funny when she opened it on Christmas and she is really looking forward to using a lot of the recipes. She said she's already tried some and liked them when she was out but she didn't know all of the ingredients or percentages so now she's good to go.

Love this book. It has so many ideas for the drinker and non-drinker. Great explanations and alternatives to make the alcoholic or not. I used a NA cocktail from this book for a shower I hosted. They loved it.

My wife loved this book while she was pregnant. It has fun drinks and let her participate in the mixing activities without adding any danger to the pregnancy. When we had friends over and everyone is enjoying a drink, my wife would have her virgin cocktails from this book. We have a few other friends who are expecting and they or their wives have loved this as well when they are over.

Got this for my best friend and she loved it! She lives in Florida and found a lot of the cocktails a refreshing alternative to just water in the Florida heat. For a big girls get together, we made big pitchers of the cocktails from the book, then for us non-preggers, we just added a little liquor to our glasses. Amazing!

Some medicines shouldn't be taken while drinking cocktails. OR, you shouldn't drink cocktails when taking some medicines. So, if you're taking acetaminophen or valium or some such, it'd be nice to be able to make or order something other than a Shirley Temple. This book definitely is not just for

the "Mom-to-be." My wife and I are 'way past that stage, but we're at that age where stuff breaks, pulls apart, or just gets sore for no known reason. Recently, while waiting for parts to heal up, we bought this book. We tried most of the recipes, skipping those requiring trips to healthfood stores for exotic ingredients - most stuff can be found at "good" grocery stores. Because I healed faster, I got to try them with the alcohol added while she stayed with the "base." Trust me (I'm too old to lie about much), she claims she wasn't jealous, and I didn't feel guilty drinking a real cocktail while she couldn't. Plus, the bartender at our favorite restaurant appreciated having some relatively simple but uncommon nonalcoholic recipes to add to her repertoire. Finally, we have some friends who don't drink alcohol very often or at all, and we've already added some of the recipes to the list of things we offer dinner guests so they aren't stuck with juices, soft drinks, colas, or ice water. If you're put off by (or too young or old to appreciate) the cutesy focus on child-bearing, well, then, don't read those parts - just focus on the recipes. And, thanks, , for quick delivery. We got to use this book during our recuperation.

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